

Live It 9 — He Is Here

Take-Home Devotional • God Is Present

WEEKLY GRATITUDE PROMPT

Gratitude trains us to notice the God who was there all along.

This week: Each day, thank God for one moment you can look back on and say, “He was with me, even though I didn’t notice at the time.” Learning to see His presence in the past builds awareness of it in the present.

Write it down or say it out loud before bed.

GOAL FOR THE WEEK

Awareness grows when we keep returning to His nearness.

This week’s goal: Read Psalm 139:7–10 once each day. Read it slowly, and each time ask one question: What does this show me about God? Then pick one ordinary moment that day to pause and notice He is here.

DEVOTIONAL THOUGHTS

Devotional 1 — Nowhere You Can Go

Read This Verse: Psalm 139:7–8

“Where can I go from your Spirit? Where can I flee from your presence?” The psalmist searches the heights, the depths, the farthest sea — and God is already there. This could sound like a warning, but he turns it into comfort: the hand he cannot escape is the hand that holds him fast. You cannot wander beyond the reach of the God who is holding you. There is no place — and no mood, and no mess — where He is not already present.

Reflection Prompt: Where have you felt out of God’s reach lately? How does it change things to know He’s already there?

Prayer Prompt: “God, thank You that I can’t go anywhere You aren’t. Help me rest in that today.”

Devotional 2 — A Fact, Not a Feeling

Read This Verse: Genesis 28:16

Jacob fell asleep alone on a rock, and when he woke from his dream he said, “Surely the Lord is in this place, and I was not aware of it.” The problem was never God’s absence — it was Jacob’s unawareness. God’s presence is a fact, not a feeling. The sun doesn’t stop existing on a cloudy day, and God doesn’t leave on the days you can’t sense Him. You are never as alone as you feel.

Reflection Prompt: Where are you assuming God is absent simply because you can’t feel Him?

Prayer Prompt: “God, open my eyes. Help me see that You are in this place, even when I don’t feel it.”

Devotional 3 — With You In the Fire

Read This Verse: Isaiah 43:2

“When you pass through the waters, I will be with you... when you walk through the fire, you will not be burned.” When three friends were thrown into a blazing furnace, God didn't keep them out of the fire — He met them in it, a fourth figure walking beside them. God's presence isn't mainly a way to avoid hard places; it's His promise to be with you inside them. The scariest places are often where He proves most present.

Reflection Prompt: Where have you been asking God to get you out of the fire, when He's offering to be with you in it?

Prayer Prompt: “God, if I have to walk through this, walk through it with me. Thank You that You're already here.”