

Live It 4 — Let Go Control

Take-Home Devotional • God Is Sovereign

WEEKLY GRATITUDE PROMPT

Gratitude reminds us how often God was in control when we weren't.

This week: Each day, thank God for one time He worked something out that you could not have planned or controlled — a door that opened, a detour that became a blessing, a worry that resolved in a way you never expected. Remembering His past rule builds trust for what you're holding now.

Write it down or say it out loud before bed.

GOAL FOR THE WEEK

Peace grows when we keep returning to who is really in control.

This week's goal: Read Proverbs 19:21 once each day. Read it slowly, and each time ask one question: What does this show me about God? Then name one thing to release to Him that day.

DEVOTIONAL THOUGHTS

Devotional 1 — He Is Ruling, Not Reacting

Read This Verse: Proverbs 19:21

"Many are the plans in a person's heart, but it is the Lord's purpose that prevails." It does not say your plans are wrong — make them. It says God has the final word. Picture Him not scrambling to keep up with your life, but calmly ruling over it. Even when things feel chaotic, God is not confused. Even when things feel out of control, God is not scrambling.

Reflection Prompt: Where are you treating God like He's reacting to your situation instead of ruling over it?

Prayer Prompt: "God, You are not surprised by any of this. Help me trust that You are still in control."

Devotional 2 — You Meant Evil, God Meant Good

Read This Verse: Genesis 50:20

After years of betrayal, slavery, and prison, Joseph looked back and told his brothers, "You intended to harm me, but God intended it for good." One event, two intentions. Their evil was real, and so was God's good purpose running right through it. Whatever has happened to you, nothing is too broken for God to weave into good — even the parts that don't make sense yet.

Reflection Prompt: Where are you in a chapter that doesn't make sense? Can you trust God is working before you see the ending?

Prayer Prompt: "God, I can't see how this works out for good. Help me trust that You can, and You will."

Devotional 3 — Give It Back

Read This Verse: 1 Peter 5:7

“Cast all your anxiety on him because he cares for you.” Some of what is exhausting you was never yours to carry. You are responsible for obedience; God is responsible for results. So do your part faithfully today — and then hand the outcome back to the only One strong enough to hold it. You are not in control. God is. And that is freedom.

Reflection Prompt: What is one thing you've been gripping that you can physically pray to release today?

Prayer Prompt: “God, I release _____ to You. Thank You that You care for me and You've got it.”